

Goal Setting & Check-In Worksheet

Goal Setting Date: _____ Student Name: _____

Academic Goals: <i>What can you do to grow in math?</i>	
Habit Goals: <i>What can you do to grow as a student?</i>	
Check to make sure your goals are SMART?	
Specific	<input type="checkbox"/> My goals are definite (i.e. not vague).
Measurable	<input type="checkbox"/> My goals could be said to be complete with a simple yes or no.
Achievable	<input type="checkbox"/> I can reasonably complete my goals in the given time frame.
Relevant	<input type="checkbox"/> My goals are related to school and/or my math class.
Time-Bound	<input type="checkbox"/> My goals have a clear deadline or due date (check in date).
Teacher goal sign off:	
Student goal sign off:	

Goal Check-in and Reflection Date: _____

Completed Goals:	<i>Is there anything specific that helped you meet these goals? How could you make this type of goal more challenging next time?</i>
Incomplete Goals:	<i>What made these challenging? What would help you meet these types of goals next time?</i>
Student goal completion sign off:	
Teacher goal completion sign off:	
Parent/trusted adult goal completion sign off:	